

Department of Corporate Training

Awakening to Life Mastery - Level 1 Life Coach Level 1 Class

Students in this course will receive 12 Hours of Classroom Instruction and 18 Hours of CD Instruction, Book and Written Assignments. All participants will receive David Essel's book "Slow Down", Slow Down 3 CD set, and the Level 1 Life Coach Universe Manual.

For the past 24 years, David Essel has helped thousands of people change their lives for the better by inspiring individuals to effortlessly recognize their own unique gifts and to become more alive, successful, and happy in every area of their lives. In addition to his career as a Master Life Coach specializing in Business, Relationship and Spirituality, he is also the author of 5 books, and has served as a TV and Radio Host. Essel's professional presentations on elite business leadership skills and the keys to creating dynamic and lasting success in any area of life have drawn rave reviews from corporations such as Chico's, Nestlé, and Boeing, media outlets such as FOX and Beasley Broadcasting, as well as non-profit organization such as the March of Dimes and Unity Church.

Awakening to Life Mastery–Level 1

Dates: Spring 2014 (4 weeks)

Days: Tuesdays

Time: 6pm to 9pm.

Price: \$850

(All participants will receive David Essel's book "Slow Down", Slow Down 3 CD set, and the Level 1 Life Coach Universe Manual.)

Instructor: David Essel

Textbook: Included

Location: Lee Campus, room to be announced

Learning Outcomes:

At the end of this class, attendees will have learned David's secret success formula, *The One Thing Theory™* and how this is critical to anyone's success in life, the basic concepts of human behavior and motivation, how to understand your own personal strengths and challenges in order to master your own life, and more.

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The College's Equity Officer/ADA and Title IX Coordinator is:

Director, Human Resources
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